

Gluten Free Menu



THAT'S THE
VICTORIA INN
- Threemilestone -

Sandwiches

All served on **gluten free** bread & with mixed leaves salad.

B.L.T ~ £7

Bacon, lettuce & tomato.

BBQ Pulled Pork ~ £6

Pulled pork in a BBQ sauce.

Tuna Mayonnaise ~ £6

Tuna, mayonnaise & cucumber.

Ham, Cheddar & Chutney ~ £6

Hand carved ham & homemade chutney.

Starters

All served with **gluten free** bread & with mixed leaves salad.

Soup Of The Day ~ £5.50

Homemade soup served with gluten free bread.
See our specials for today's selection.

Gluten Free Bread & Olives ~ £5

Gluten free bread served with pitted olives & dipping oil.

Grilled Goats Cheese Salad ~ £7

Served with caramelized red onion marmalade & mixed salad.

Ginger & Lime King Prawns ~ £7

Pan fried king prawns with a garlic & lime dressing served with garlic croutons & guacamole.



Mains

The Victoria Inn Daily Carvery ~ £10

Small Appetite Carvery ~ £8

Choice of succulent meats with a selection of seasonal vegetables all available from our Carvery unit. Served with gluten free yorkshire puddings & gluten free gravy on request.

Vegetable Carvery ~ £7

Your selection of seasonal vegetables from our carvery deck with gluten free yorkshire puddings & gluten free gravy on request.

Pub Fish & Chips ~ £10

Beer battered fish served with chips & either peas or mushy peas.

Honey Lemon Chicken ~ £11

Slices of chicken breast stir-fried with vegetables in a honey and lemon sauce. Served on a bed of basmati rice.

Char-Grilled Chicken Salad ~ £10

Chicken breast char-grilled & served on a bed of seasonal salad.

Vegetable Stir Fry ~ £9

Mixed vegetables stir-fried with garlic, glazed with Schezuan sauce & chilli. Served with rice.

8oz Rump Steak ~ £16 (steak sauces available £2)

Etherington's farm shop (Wheal Rose) sourced, West Country rump steak, char-grilled to your liking & served with chips, peas, mushrooms, onion rings & grilled tomato.

Breakfast
Served every day!
from 7:30am



Lovely
BREAKFAST
Lovely day

Disclaimer: While we strive our gluten-free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination will not occur, as we are not a gluten-free kitchen.
Please let our team know if you have any food allergies whatsoever.

Lactose Free Menu



THAT'S THE
VICTORIA INN
- Threemilestone -

Wraps

Sweet Chilli Chicken ~ £7

Pan-fried chicken breast & sweet chilli sauce.

Smoked Salmon & Prawn ~ 8

Sliced smoked salmon with asparagus spears.

Tuna, Red Onion & Cucumber ~ £7

Tuna mixed with red onion & cucumber with mixed salad leaf.

BBQ Pulled Pork ~ £7

Pulled pork in a BBQ sauce with mixed salad leaf.



Starters

Cornish Hogs Pudding & Bacon ~ £7

Award winning Etherington's farm shop Cornish hogs pudding, char-grilled & topped with bacon, homemade apple chutney with a dressed salad.

Ginger & Lime King Prawns ~ £7

Pan fried king prawns with a garlic & lime dressing served with garlic croutons & guacamole.

Mains

The Victoria Inn Daily Carvery ~ £10

Small Appetite Carvery ~ £8

Choice of succulent meats with a selection of seasonal vegetables all available from our Carvery unit. Served with gluten free yorkshire puddings & gluten free gravy on request.

Cajun Chicken Fillet ~ £11

Char-grilled chicken breast marinated in cajun spices served with chips, peas & grilled tomato.

Grilled Fish Of The Day ~ (check the specials)

Please check with Team Vic for today's catch.

8oz Gammon Steak ~ £11

Premium cut of gammon steak served with pineapple, chips, peas & grilled tomato.

8oz Rump Steak ~ £16 (steak sauces available £2)

Etherington's farm shop (Wheal Rose) sourced, West Country rump steak, char-grilled to your liking & served with chips, peas, mushrooms, onion rings & grilled tomato.

Oriental Chicken Stir-Fry ~ £10.50

Chicken breast & mixed vegetable stir-fried with garlic, soy sauce & chilli. Served with basmati rice.

Oriental Vegetable Stir-Fry ~ £9

Mixed vegetable stir-fried with garlic, soy sauce, chilli. Served with basmati rice.



**GLUTEN FREE
&
LACTOSE FREE
MENU
AVAILABLE**

THINK ALLERGY!

**FOOD ALLERGIES
and
INTOLERANCES**

Please speak to our staff about the ingredients in your meal, after you've placed your order. Thank You.
Vegetarian handbooks are available on request.

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from 7:30am



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BREAKFAST
Lovely
day

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